

*Cereal/Granola/Oatmeal Manufacturer: _____

* Yogurt Brand and Flavor: _____

* Milk Substitute (Request form approved & in office)

Brand of soy milk: _____

*Milk Key / Legend:

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MENU



NUTRITION FIRST

P.O. Box 2316

Salem, OR 97308-2316

(503) 581-7563 or 1-800-288-6368

"This institution is an equal
opportunity provider"

Name: _____

Month: _____

		DATE:	DATE:	DATE:	DATE:	DATE:
Breakfast	Fruit/Veg					
	Grains/Meat					
	Milk					
AMS						
Lunch	Meat/Alt					
	Vegetable					
	Fruit/Veg					
	Grains					
	Milk					
PMS						
Dinner	Meat/Alt					
	Vegetable					
	Fruit/Veg					
	Grains					
	Milk					
LNS						

NOTE: Please write "HM" next to homemade soups, stews, casseroles, etc.
receipt of Federal funds and that deliberate misrepresentation may result in State or Federal Prosecution.

The information submitted is accurate in all respects. I understand that this information is given in connection with the

Please sign and date: _____