

Participant Handout #8

Recommended First Aid Supplies

(Based on the recommended standards in Caring for Our Children: National Health and Safety Performance Standards Guidelines for Out-of-Home Child Care Programs, Second Edition.)

Check the items you currently have in your program first-aid kit. Place a B next to those you need to buy.

- Disposable nonporous gloves
- Scissors
- Tweezers
- A non-glass thermometer to measure a child's temperature
- Bandage tape
- Sterile gauze pads
- Flexible roller gauze
- Triangular bandages
- Safety pins
- Eye dressing
- Pen/pencil and note pad
- Syrup of ipecac (use only if recommended by the Poison Control Center)
- Cold pack
- Current American Academy of Pediatrics (AAP) standard first-aid chart or equivalent first-aid guide
- Coins for use in a pay phone
- Water
- Small plastic or metal splints
- Liquid soap
- Adhesive strip bandages, plastic bags for cloths, gauze, and other materials used in handling blood
- Any emergency medication needed for children
- List of emergency phone numbers, parents' home and work phone numbers, and the Poison Control Center phone number