

## NON-TOXIC PLANT LIST

- The "GOOD" Plants

The following plants are considered to be "good" or nonpoisonous. Symptoms from eating or handling small amounts of these plants are unlikely to occur. However, some individuals may be more sensitive or react differently to any of these plants.

Remember, any plant may cause unexpected problems. This includes choking. Always check with the Oregon Poison Center if a plant is eaten.

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Abelia	Forsythia
African daisy	Friendship plant
African violet	Fuchsia
Air fern	Gardenia
Aluminum plant	Gloxinia
Asparagus fern	Goldfish plant
Aster	Grape ivy
Baby's breath	Hawthorne
Baby tears	Hens and Chicks
Bachelor button	Hibiscus
Bamboo	Impatiens
Begonia (except sand begonia)	Jade plant
Bleeding heart vine	Japanese aralia
Bloodleaf plant	Kalanchoe
Boston fern	Lipstick plant
Bromeliad	Maidenhair fern
Bougainvillea	Magnolia bush
Butterfly tulip	Marigold
Cactus, Christmas	Mountain ash
Camellia	Nasturtium
Chinese evergreen	Parlor palm
Coleus	Patient Lucy
Columbine	Peperomia
Corn plant	Petunia
Croton (Codiaeum)	Phlox
Creeping Charlie (house plant)	Piggyback plant
Dahlia	Polka dot plant
Dandelion	Prayer plant
Dionaea muscipula (Venus flytrap)	Pregnant plant
Dracaena	Purple passion
Easter lily	Rose
Elm tree	Schefflera
Eugenia	Snapdragon
False aralia	Snake plant
Fittonia, red	Snowball bush

Spider plant  
Spider aralia  
Staghorn fern  
Swedish ivy  
Swordfern  
Tiger lily  
Umbrella tree

Velvet plant  
Wandering Jew  
Wild onion  
Yucca  
Zebra plant  
Zinni, creeping

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### **Common Questions about Plants**

**Q:** What if I'm not sure of the name of my plant?

**A:** Take parts of the plant to a master gardener working at your local nursery. Then call the poison center with the Latin or commonly known name of the plant for further instructions.

**Q:** Where can I find photos of some of these plants?

**A:** An excellent web resource is the Cornell University Plant site.

This resource provides plant poison prevention information.

[www.ansci.cornell.edu.plants](http://www.ansci.cornell.edu.plants)

### **Disclaimer**

Call the poison center hotline number (1-800-222-1222) for all poison emergencies and questions. Calling our administration office or contact via the E-mail system is NOT a substitute for calling our phone center for poison HELP information.

