



Child Care Resource & Referral

Of Marion, Polk & Yamhill Counties

A Program of Community Action Agency

Newsletter October - December 2018

OREGON Child Care Business CONFERENCE

Save the Date!

November 10

2018

The Dalles

Featuring Tom Copeland
The Nation's Leading Expert on the Business of Family Child Care



www.cqcc.edu/childcare/business-conference

**Watch for Registration & Scholarship information!
Coming Very Soon!**

Conference Date: November 10, 2018

Statewide CCR&Rs will host their first Annual Child Care Business Conference

Fort Dalles Readiness Center, The Dalles, Oregon

Oregon's Child Care Resource and Referral agencies have come together with partners to offer the first statewide child care business conference. The conference will focus on the business administration of both family child care and center based care. **Tom Copeland, a nationally renowned child care business specialist, will deliver the keynote.** Both morning and afternoon sessions will focus on topics such as business planning, risk management, increasing profits, and marketing. Information on how to access loans and other supports will also be available. Registration and scholarship information will be coming soon!! For more information about Tom Copeland, visit his website <http://tomcopelandblog.com>

Our name
has
Changed!!!

Inclusive



Partners

— Opening Doors For Oregon's Children —

Previously Inclusive Child Care Program

No matter what their diverse interests, abilities and needs... ALL children are children first.

How can IP Consultation help YOU?

Consultation is a partnership. It involves sharing information and expertise. The goal of IP consultation is to increase and support quality, inclusive child care placements. Together with partners we can help:

Support a caregiver's problem-solving and planning skills, share creative ideas for improving the child care Environment, explore strategies for responding to behaviors that children bring to child care and exchange

information about recommended practices, resources and materials. Financial supplements through IP may be available to providers. Please call for more information!

Marion, Polk and Yamhill IP Representative:

**Jenna Sanders Work Cell: 503-931-1882 or
Jenna.sanders@mwvcaa.org**

Portland Main Office:

1-866- 837-0250

Email: inclusivepartners@state.or.us

Lending Library - Free Membership!

CCR&R has a large library full of fun, educational toys, books, furniture, and curriculum available on loan to child care providers! Come take advantage of this fantastic resource! By participating in our lending library, you can keep your child care fresh and engaging which makes for HAPPY kids and quality child care environments!!!



*Due to safety concerns we ask that you make arrangements for child care. We value the safety of your children. Thank you for your



TIME: 5:30pm-8:30pm

October 15th, 2018 (Total of 6 spots available)

November 19th, 2018 (Total of 6 spots available)

December 17th, 2018 (Total of 6 spots available)

Call if you have any questions or to
schedule your appointment!

503-585-2491 or 1-800-289-5533



**NO WALKS IN -
BY APPOINTMENT ONLY**

Thinking about Disaster Preparation?

Instructions: Print off form, then fill out the information.

Attach a photo of the subject of the card to the front of the card. It is geared to children, but you can use for anyone.



If you have a photo editing program, you can add the info and photo there before printing.

EMERGENCY ID CARD		www.momwithaprep.com
Name: _____		<p>PLACE PHOTO HERE</p>
Address: _____ _____		
Phone: _____		
Parents' Names: _____		
Emergency Contact & Phone _____		
Age: _____ Height: _____ Weight: _____		
Hair Color: _____ Eye Color: _____		
Distinguising marks: _____		
Blood Type: _____ Sex: _____	RIGHT THUMB PRINT	
Medical Info: _____	SSN#: _____	

You can glue a full family photo to the backs of the cards or use the back for additional information.

Take the cards to a local print shop/teacher supply store to have laminated for a longer-lasting card.

Store in your emergency bags, Family Emergency Binder or school bag in the case of an emergency

EMERGENCY ID CARD		www.momwithaprep.com
Name: _____		<p>PLACE PHOTO HERE</p>
Address: _____ _____		
Phone: _____		
Parents' Names: _____		
Emergency Contact & Phone _____		
Age: _____ Height: _____ Weight: _____		
Hair Color: _____ Eye Color: _____		
Distinguising marks: _____		
Blood Type: _____ Sex: _____	RIGHT THUMB PRINT	
Medical Info: _____	SSN#: _____	

This prints on any 8.5 x 11 paper. If you happen to have cardstock, it will be preferable.

Thinking about Disaster Preparation?

TAKE 5



PREPAREDNESS CALENDAR

Family Disaster Supplies and Preparedness Activities



- This calendar is intended as a tool to help you prepare for disasters before they happen.
- After you purchase an item or complete an activity, check the box next to it.

MONTH 1	Purchase: <input type="checkbox"/> Water – At least 3 gallons per person, per day plus pets <input type="checkbox"/> Hand-operated can opener <input type="checkbox"/> Instant drinks (coffee, tea, powdered milk, powdered fruit drinks) <input type="checkbox"/> 2 flashlights with extra batteries	Activities: <input type="checkbox"/> Make your family disaster preparedness plan* <input type="checkbox"/> Inventory disaster supplies already on hand, especially camping gear <input type="checkbox"/> If you fill your own water containers, mark them with the date filled <input type="checkbox"/> Date water/food containers if they are not dated <input type="checkbox"/> Conduct a home hazard hunt*
MONTH 2	Purchase: <input type="checkbox"/> Canned meat, stew, or pasta meal - 5 per person <input type="checkbox"/> Feminine hygiene supplies <input type="checkbox"/> CD/DVD or videotape <input type="checkbox"/> Family-size first aid kit	Activities: <input type="checkbox"/> Change battery and test smoke alarm (purchase and install an alarm if you don't have one) <input type="checkbox"/> Film your home, including contents, for insurance purposes. Store the CD/DVD with friends or family who live out of town.
MONTH 3	Purchase: <input type="checkbox"/> Canned fruit - 3 cans per person <input type="checkbox"/> Any foods for special dietary needs (enough for 3 days) <input type="checkbox"/> 2 rolls of toilet paper per person <input type="checkbox"/> Crescent wrench(es) (or utility shutoff tools)	Activities: <input type="checkbox"/> Conduct a home fire drill <input type="checkbox"/> Check with your child's day care or school to find out about their disaster plans <input type="checkbox"/> Locate gas meter and water shutoff points and attach/store wrench or shutoff tool near them <input type="checkbox"/> Establish an out-of-state contact to call in case of emergency
<p><i>Your supplies may be stored together in one large container, such as a garbage can on wheels, or several small ones. Food items could be kept on a specific shelf in the pantry.</i></p>		
MONTH 4	Purchase: <input type="checkbox"/> Canned vegetables - 4 per person <input type="checkbox"/> Extra baby bottles, formula, and diapers, if needed <input type="checkbox"/> Extra pet supplies: food, collar, leash <input type="checkbox"/> Large storage container(s) for preparedness supplies	Activities: <input type="checkbox"/> Place a sturdy pair of shoes and a flashlight under your bed, so that they will be handy during an emergency <input type="checkbox"/> Place a supply of necessary medicine(s) in storage container and date the medicine(s), if not already indicated on its label <input type="checkbox"/> Start putting supplies in storage container(s) and include blankets or sleeping bags for each family member
MONTH 5	Purchase: <input type="checkbox"/> Canned, ready-to-eat soup - 2 per person <input type="checkbox"/> Liquid dish soap <input type="checkbox"/> Plain liquid bleach <input type="checkbox"/> Portable am/fm radio (extra batteries) <input type="checkbox"/> Anti-bacterial liquid hand soap or waterless hand sanitizer <input type="checkbox"/> Disposable hand wipes	Activities: <input type="checkbox"/> Make photocopies of important papers and put in a fire-proof safe <input type="checkbox"/> Talk with neighbors to find out who may have skills or training that would be beneficial after a disaster (i.e., first aid, child care, amateur radio, tree removal, small engine repair, heavy equipment operations, wilderness survival, light rescue, carpentry)
<p>*Contact your local Emergency Management Office for more information on this activity</p>		

Thinking about Disaster Preparation?

Examples of Food Items:

- Select based on your family's preferences
- Pick low-salt, water-packed varieties when possible

Canned Meat:	tuna, chicken, raviolis, chili, stew, Spam™, corned beef, etc.
Vegetables:	green beans, corn, peas, beets, baked beans, carrots, etc.
Fruit:	pears, applesauce, mandarin oranges, pineapple, etc.

MONTH 6	Purchase: <ul style="list-style-type: none"> <input type="checkbox"/> Quick-energy snacks (granola bars, raisins, peanut butter) <input type="checkbox"/> 6 rolls of paper towels <input type="checkbox"/> 3 boxes of facial tissue <input type="checkbox"/> Sunscreen <input type="checkbox"/> Anti-diarrhea medicine <input type="checkbox"/> Latex gloves- if no allergies to latex (Buy 6 pairs and put in first aid kit) 	Activities: <ul style="list-style-type: none"> <input type="checkbox"/> Check to see if your stored water has expired and needs to be replaced. (Replace every 6 months if you filled your own containers. Store-bought water will have an expiration date on the container.) <input type="checkbox"/> Put an extra pair of eyeglasses in the supply container <input type="checkbox"/> Store a roll of quarters with the emergency supplies and locate the pay phone nearest to your home <input type="checkbox"/> Find out about your workplace disaster plans
MONTH 7	Purchase: <ul style="list-style-type: none"> <input type="checkbox"/> Whistle <input type="checkbox"/> A-B-C fire extinguisher <input type="checkbox"/> 1 large can of juice per person <input type="checkbox"/> Adult and children vitamins <input type="checkbox"/> A pair of pliers and/or vise grips 	Activities: <ul style="list-style-type: none"> <input type="checkbox"/> Take a first aid/CPR class <input type="checkbox"/> Identify neighbors who might need help in an emergency (limited mobility, health problems, children home alone, etc.) <input type="checkbox"/> Show family members where, when and how to shut off the utilities
MONTH 8	Purchase: <ul style="list-style-type: none"> <input type="checkbox"/> Box of crackers or graham crackers <input type="checkbox"/> Dry cereal <input type="checkbox"/> "Child-proof" latches or other fasteners for cabinet doors and drawers <input type="checkbox"/> 1 box of large, heavy-duty garbage bags <input type="checkbox"/> Camping or utility knife 	Activities: <ul style="list-style-type: none"> <input type="checkbox"/> Secure shelves, cabinets, and drawers with "child-proof" latches to prevent them from falling and/or opening during earthquakes <input type="checkbox"/> Meet with neighbors to inventory expensive equipment that could be shared in the event of an emergency, such as chain saws, chippers/shredders, utility trailers, snow blowers, and 4-wheel drive vehicles
MONTH 9	Purchase: <ul style="list-style-type: none"> <input type="checkbox"/> Extra batteries for flashlights, radio, and hearing aids (if needed) <input type="checkbox"/> Heavy rope <input type="checkbox"/> Duct tape <input type="checkbox"/> Crowbar 	Activities: <ul style="list-style-type: none"> <input type="checkbox"/> Make a small preparedness kit for your car. Include food, water, blanket, small first aid kit, a list of important phone numbers, and quarters for pay phones and vending machines. <input type="checkbox"/> Secure water heater to wall studs (if not already done) <input type="checkbox"/> Identify locations of pay phones in your neighborhood
MONTH 10	Purchase: <ul style="list-style-type: none"> <input type="checkbox"/> Hammer and assorted nails <input type="checkbox"/> Screwdrivers and assorted wood screws <input type="checkbox"/> Heavy duty plastic tarps or plastic sheeting <input type="checkbox"/> Extra toothbrush per person and toothpaste 	Activities: <ul style="list-style-type: none"> <input type="checkbox"/> Make arrangements to have someone help your children if you're at work when an emergency occurs <input type="checkbox"/> Conduct an earthquake drill at home <input type="checkbox"/> Replace necessary medicines as required by expiration dates <input type="checkbox"/> Encourage friends and family members to prepare for emergencies
MONTH 11	Purchase: <ul style="list-style-type: none"> <input type="checkbox"/> Package of paper plates <input type="checkbox"/> Package of napkins <input type="checkbox"/> Package of eating utensils <input type="checkbox"/> Package of paper cups <input type="checkbox"/> Masking tape <input type="checkbox"/> Kitchen-size garbage bags (1 box) 	Activities: <ul style="list-style-type: none"> <input type="checkbox"/> Make arrangements to have someone take care of your pets if you are at work when an emergency occurs <input type="checkbox"/> Exchange work, home, and emergency contact phone numbers with neighbors for use during an emergency <input type="checkbox"/> Start a Neighborhood Watch Program, if none exists
MONTH 12	Purchase: <ul style="list-style-type: none"> <input type="checkbox"/> Heavy work gloves <input type="checkbox"/> Box of disposable dust masks <input type="checkbox"/> Safety goggles <input type="checkbox"/> Antiseptic <input type="checkbox"/> Sewing kit 	Activities: <ul style="list-style-type: none"> <input type="checkbox"/> Check to see if your stored water has expired and needs to be replaced. (Replace every 6 months if you filled your own containers. Store-bought water will have an expiration date on the container.) <input type="checkbox"/> Check the dates on stored food and replace as needed

Thinking about Disaster Preparation?

TAKE 5



IT'S AN EMERGENCY! DO YOU KNOW WHERE YOUR FAMILY IS?

Your first concern during a disaster is likely to be the safety of your family members. If disaster strikes without warning during your normal, busy day, how will you find each other?

Advance preparations can help you check on your family more quickly during an emergency. Nothing else will matter until you know that everyone is safe.



Where would you look?

*Make a list, and
check it twice!*

Prepare **NOW**, while you have the time and can think clearly!

- Make a list of the most logical places to look for each family member (at home, at work, at school, at a friend's house).
- Consider all times of the day, routine schedules, and any favorite "hangouts." (For example, does your spouse stop at the gym before or after work? Is your son probably at his Boy Scout meeting?)
- Add co-workers, colleagues, neighbors, or school friends to your list.
- Collect the address and telephone number for each of those places. Don't forget about cell phones and pager numbers!
- Arrange them in a way that makes sense to you. Adapt and use the chart on the reverse of this flyer for your own use.
- Add an out-of-state family member or friend as your contact in case local telephone lines are down. Instruct all family members to call the out-of-state number to check in if they can't get through on a local telephone line.

You've made your list... what's next?

Make plenty of copies!

- Share copies with family members – everyone in your household, plus relatives that you see frequently.
- Keep a copy everywhere you might need it: at home, by the phone, in the car, at work, in your wallet, etc.
- Share the information with babysitters or other visitors to your home who may need to know.
- Talk about it! Discuss your plan with your family. Make sure they understand, in case they need to use it.
- Update it during your semi-annual smoke alarm test and set your clocks ahead/back.

Now that you're prepared, encourage others to do the same!

What if your employer needs to contact your family about you? Could they do it?

- Encourage your employer to adapt the chart on the reverse of this flyer for office use. (You could incorporate it into your employee safety program.)
- Devise a plan to keep the information current - it's only as good as the latest update!
- If your employer requires you to stay at work during a disaster, encourage them to dedicate a person to check on employees' families. You'll be more effective if you know everyone at home is okay!

Thinking about Disaster Preparation?

FAMILY MEMBER LOCATOR CHART

Name

Date: _____

Parents

Name:
Address:
Phone #1:
Phone #2:

Home

Address:
Phone #1:
Phone #2:

Spouse's Work Place

Name:
Address:
Phone #1:
Phone #2:

Spouse's Parents

Name:
Address:
Phone #1:
Phone #2:

Neighbor #1

Name:
Address:
Phone #1:
Phone #2:

Child #1

Name:
School/Work:
Phone #1:
Phone #2:

Sibling #1

Name:
Address:
Phone #1:
Phone #2:

Neighbor #2

Name:
Address:
Phone #1:
Phone #2:

Child #2

Name:
School/Work:
Phone #1:
Phone #2:

Sibling #2

Name:
Address:
Phone #1:
Phone #2:

Neighbor #3

Name:
Address:
Phone #1:
Phone #2:

Child #3

Name:
School/Work:
Phone #1:
Phone #2:

Spouse's Sibling

Name:
Address:
Phone #1:
Phone #2:

Out-of-State Contact

Name:
Address:
Phone #1:
Phone #2:

Child # 4

Name:
School/Work:
Phone #1:
Phone #2:

Notes:

Adapted From: "FIRE CHIEF"/October 1991

Thinking about Disaster Preparation?

TAKE 5



PETS AND DISASTERS



The best way to protect your family from the effects of a disaster is to have a disaster plan. If you are a pet owner, that plan should include your pets.

It may be difficult, if not impossible, to find shelter for your animals in the midst of a disaster; so plan ahead.

Red Cross shelters cannot accept pets because of State health and safety regulations. The only exceptions to this policy are service animals who assist people with disabilities.



DISASTER SUPPLIES FOR YOUR PET

- Portable carrier (essential for cats)
- Food and water bowls
- Two-week supply of food and water, stored in plastic bottles
- Litter and litter box for cats
- Medications
- First aid kit
- Health records, including vaccination records
- Instructions on your pet's feeding schedule and diet, medications, and any special needs
- Leashes

BEFORE A DISASTER

Ask friends, relatives, or others outside your immediate area whether they could shelter your animals. If you have more than one pet, they may be more comfortable if kept together; but be prepared to house them separately.

Contact hotels and motels outside your immediate area to check policies on accepting pets and restrictions on number, size, and species. Ask if "no pet" policies could be waived in an emergency. Keep a list of "pet friendly" places, including phone numbers with other disaster information and supplies. If you have notice of an impending disaster, call ahead for reservations.

Prepare a list of boarding facilities and veterinarians who could shelter animals in an emergency. Include 24-hour phone numbers.

Include pet supplies as part of your emergency kit.

Make sure your dogs and cats have permanent microchip identification and securely-fastened collars with dog licenses and ID tags containing up-to-date information. Attach to the collar a tag with the phone number and address of your temporary shelter or a friend or relative outside the disaster area. You can buy temporary tags or put adhesive tape on the back of your pet's ID tag.

Thinking about Disaster Preparation?

DURING A DISASTER

Bring your pets inside immediately. Animals have instincts about severe weather changes and will often isolate themselves if they are afraid. Bringing them inside early can keep them from running away. **NEVER LEAVE A PET OUTSIDE OR TIED UP DURING A STORM!**

If you evacuate, take your pets. If it's not safe for you to stay in the emergency area, it's not safe for your pets. Animals left behind can easily be injured, lost, or killed. Avoid these outcomes by planning now how you will safely evacuate your pets and where you will temporarily keep them.

BIRDS

Transport in a secure travel cage or carrier.

In cold weather, wrap a blanket over the carrier and warm up the car before placing birds inside.

During warm weather, carry a plant mister to mist the bird's feathers periodically.

Do not put water inside the carrier during transport. Provide a few slices of fresh fruits and vegetables with high water content.

Have leg bands and a photo for ID.

Try to keep the carrier in a quiet area.

Do not let the birds out of the cage or carrier.



REPTILES

Snakes can be transported in a pillowcase but they must be transferred to more secure housing when they reach the evacuation site.

If your snakes require frequent feedings, carry food with you.

Take a water bowl large enough for soaking as well as a heating pad.

When transporting house lizards, follow the same directions as for birds.

POCKET PETS



Small mammals (hamsters, gerbils, etc.) should be transported in secure carriers suitable for maintaining the animals while sheltered.

Take bedding materials, food, bowls, and water bottles.

AFTER A DISASTER

In the first few days after a disaster, leash your pets when they go outside. Always maintain close contact. Familiar scents and landmarks may be altered and your pet may become confused and lost.

The behavior of your pets may change after an emergency. Normally quiet and friendly pets may become aggressive or defensive. Watch animals closely. Leash dogs and place them in a fenced yard with access to shelter and water.

Oregon's Spark Revision Process

Spark Revisions Frequently Asked Questions

Why is Spark being revised?

Oregon's Spark, formerly called Oregon's QRIS, began with a field test period in 2013. During the field test, we learned a lot from providers and programs about which parts of the system worked well and which could work better. The revised system will be more streamlined to allow you to spend more time making program improvements and less time documenting them. The "2.0" version of Spark will be more responsive to programs, will better measure quality and will reduce the workload of achieving a rating.

Should I wait to engage in Spark?

There is no need to wait! Engaging in Spark now allows you access to resources that will support your work in becoming the best you can be for the children and families you are serving now. Who knows? You may be closer to a star rating than you think! Being a rated program also allows you to receive a monthly bonus payment on top of your DHS reimbursement rates and reduces the co-pay for your families receiving the subsidy.

What will happen to my star rating?

Your current star rating will not be immediately affected when the revised system rolls out. Field test ratings were designed to be good for three years from the time of rating. Your rating will remain valid for at least those three years. No program ratings will expire. Programs rated early in the field test that have reached (or will reach) their expiration date before the revised system is available will have their rating extended to provide at least 6 months to transition to the revised system. You can still submit or resubmit for a higher rating in the current system. When the revised system is in place, you will use it to renew your star rating when it expires.

What is being changed?

We are revising the system to be more inclusive of different kinds of programs and to make it easier for programs to participate. Some of the proposed revisions include:

- Reducing barriers for programs serving children furthest from opportunity.
- Changing participation requirements that will offer support for quality improvements to more programs.
- Reducing the number of standards.
- Focusing more standards on adult-child interactions.
- Recognizing experience, diverse languages and other ways professionals are qualified.
- Providing more online resources and support.

When will the revised system be released?

We are expecting to release the revised system in 2018. Our website www.oregonspark.org will have the most current information. You can also call your local Child Care Resource and Referral agency for updates. We will be sharing the firm dates and a transition plan as soon as they are available.

What can I work on now?

Focusing on professional development is a great place to start. We learned in the field test that the most time-consuming part of quality improvement is professional development and achievement of Oregon Registry Steps. Creating a solid professional development plan, enrolling in a degree program or a college class, and attending trainings will support your ability to achieve star ratings in both the current and revised systems.

Is there a deadline? What about support dollars and incentive funds?

Currently, there is no deadline for field test participation. Supports and incentive dollars are still at the same levels. If you qualify for supports and incentives, apply now! If you have questions about supports and incentives, call your Quality Improvement Specialist.

Revised Spark Standards

REPRESENT

practices that have the greatest impact on children and families.

REFLECT

all program types and age groups.

RESPOND

to what is most important to families.

Environments

Environments and materials are planned to support learning and relationships and reflect the cultures of children and families in the program.

Learning and Development

Children's development is supported through engaging experiences, consistent routines, and plans for learning.

Inclusion of Children, Families and Culture

All children and families are welcomed, and families play an important role in their child's success in the program.

Positive Relationships

Relationships between program staff, children, and families are warm, respectful, and support children's learning and development.

Personnel Qualifications

The program staff are qualified through education and experience and are committed to ongoing professional development.

Children's Safety and Program Stability

The program provides a safe and healthy environment for children and is in compliance with licensing regulations.



FALL ACTIVITIES FOR KIDS

Leaf Crowns

The how-to:

1. Have your kids run about collecting leaves of their favorite shapes and colors.
2. Pluck off their stems.
3. Overlap the leaves one by one, until you have a long line of them.
4. Take a stem and "sew" two leaves together: Push one stem end through two leaves, front to back. Then pop it back through the two leaves, making a stitch.
5. Complete your stitches through the entire line of leaves.
6. Bend your sewn leaves into a crown, making one more stitch between the end leaves to hold it together.



Fall Leaf Science—Exploring Colors & Chlorophyll

Supplies:

- Pot of boiling water (adults only)
- Rubbing alcohol
- Small containers with lids (I used our empty [Wilton Test Tube Sprinkle Set-affiliate link](#))
- Different colored leaves (We used a green, green & red, yellow, and brown leaves) Tongs (adults only)

Directions: 1. Place leaves in a boiling pot of water for 5 minutes. While they are boiling, fill up small containers with rubbing alcohol. 2. When the five minutes are up, use the tongs to remove the leaves and place each one in the rubbing alcohol making sure to sort by color if you are using multiple leaves. 3. Observe what color the alcohol is. Come back throughout the day and check to see if the alcohol has changed color. We let our experiment sit overnight and in the morning the colors were even darker but the second night resulted in no change.

<https://alittlepinchofperfect.com/fall-leaf-science-experiment-for-kids/>



Why do leaves change colors?



Autumn Scavenger Hunt

☐ A Red Leaf

☐ A Twig

☐ A Yellow Leaf

☐ A Flower

☐ An Orange Leaf

☐ A Blade of Grass

☐ A Green Leaf

☐ A Stone

☐ An Acorn

☐ A Winged Seed

☐ A Pinecone

☐ A Piece of Bark


maple



oak



beech



alder

www.PreschoolMe.com



sassafras



ginkgo



birch



poplar

www.PreschoolMe.com



ash



willow



honeysuckle



walnut

www.PreschoolMe.com

WINTER ACTIVITIES FOR KIDS

Sweet Snack: Cinnamon Sugar Snowflakes

This has been a long and cold winter. This easy and tasty treat will definitely help those frigid temperatures feel more tolerable. These cinnamon sugar snowflakes are not only fun to make with the kids, but they taste amazing too. And with only 4 ingredients, your kids will want to make them all winter long.

What You'll Need

1 package of small white tortillas (8 per package)

3 tbsp of butter, melted

½ cup of white sugar

2 tbsp cinnamon

How To Make It

1. Take 1 tortilla and warm it in the microwave for 5–10 seconds so it will fold easily. Fold the round tortilla in half and then fold it in half again.
2. Using a clean pair of scissors, cut your tortilla like you would a paper snowflake.
3. Take your melted butter and a silicone brush, and brush 1 side of the tortilla with melted butter until lightly and evenly covered.
4. Mix your sugar and cinnamon together in a dish. Sprinkle your tortilla with a light even layer of cinnamon sugar.
5. Repeat this process for all 8 tortilla snowflakes
6. Preheat oven to 350°F. Place your snowflake tortillas on a greased baking pan (2 snowflakes per pan). Bake in oven for 10 minutes or until nice and crispy. Remove from oven and let cool completely. Enjoy!



Snowman Craft

Color, cut out and then glue the objects together to make a snowman!

