

Building for the Future

What is CACFP?

CACFP is the Child and Adult Care Food Program, a Federal program that provides healthy meals and snacks to children and adults receiving day care.

Each day more than 2.6 million children and almost 60,000 older adults participate in CACFP. Through CACFP, participants' nutritional needs are supported on a daily basis. The program plays a vital role in improving the quality of day care and making it more affordable for many low-income families.

In addition to day care, CACFP helps make afterschool programs more appealing to at-risk youth. By offering nutritious snacks in programs serving low-income areas, centers can increase participation and know that youth are having a healthy snack.

Homeless children and children from temporarily displaced families can also receive up to three meals each day through shelters that operate the program.

Who is eligible for CACFP meals?

- children age 12 and under,
- migrant children age 15 and younger,
- functionally impaired adult participants or adults age 60 and older enrolled in an adult day care center, and
- youths through age 18 in afterschool programs in needy areas.

What kinds of meals are served?

CACFP facilities follow the meal patterns established by USDA.

- **Breakfast** consists of a serving of milk, fruit or vegetable, and grains or bread.
- **Lunch** and **dinner** require milk, grains or bread, meat or meat alternate, and two different servings of fruits or vegetables.
- **Snacks** include two different servings of the four components: milk, fruits or vegetables, grains or bread, or meat or meat alternate.

CACFP Facilities

Many different facilities operate CACFP, all sharing the common goal of bringing nutritious meals and snacks to participants.

- **Child Care Centers**
Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers serve meals to large numbers of children.
- **Family Day Care Homes**
Small groups of children receive nonresidential day care in licensed or approved private homes.
- **Afterschool Care Programs**
Centers in low-income areas provide free snacks to school-age children and youth.
- **Homeless Shelters**
Emergency shelters provide residential and food services to homeless children.
- **Adult Day Care Centers**
Public, private nonprofit, and some for-profit adult day care facilities provide structured, comprehensive services to functionally impaired nonresident adults.

Child and Adult Care Food Program (CACFP)



United States Department of Agriculture
Food and Nutrition Service

How does CACFP work?

CACFP reimburses participating centers and day care homes for serving nutritious meals. It is administered at the **Federal** level by the Food and Nutrition Service (FNS), an agency of the U.S. Department of Agriculture (USDA).

The **State** education or health department administers CACFP in most States. State agencies approve sponsoring organizations and independent centers to operate the program on the local level. The State also monitors the program and provides guidance and assistance to ensure requirements are met.

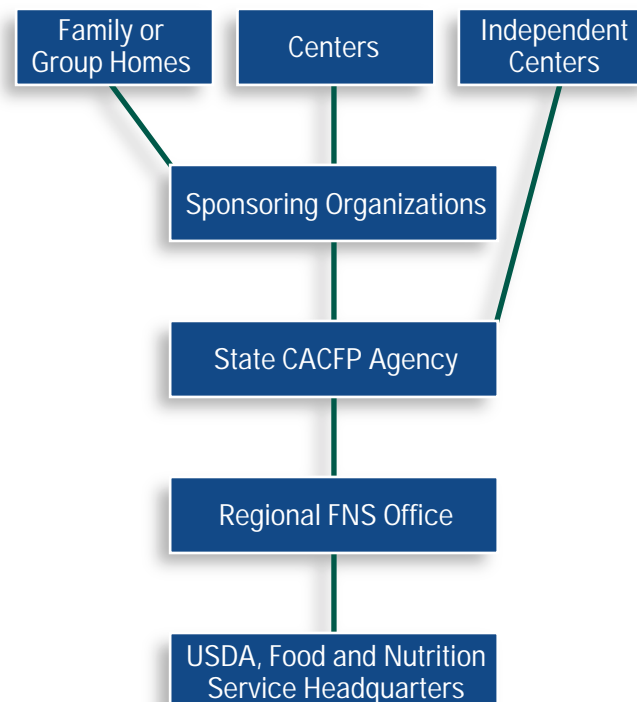
Sponsoring organizations play a critical role in supporting home day care providers and centers through training, technical assistance, and monitoring. All family or group day care homes must come into the program under a sponsoring organization. Several types of organizations are approved by the States to serve as sponsors—community action groups, nonprofit organizations, and churches.

Contacts

If you are interested in participating in CACFP, or have questions about the program, the sponsoring organizations and State agencies can help. Visit our State agency website at <http://www.ode.state.or.us/nutrition/cacfp>, or call (503) 378-3600 ext, 2610.

Nutrition First CACFP serves Marion, Polk, Yamhill, Tillamook, and Lincoln counties, and occasionally Linn and Benton counties. Contact by phone at 503-581-7563 or 1-800-288-6368. Visit our website at www.mycommunityaction.org

CACFP Partners



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Building for the Future



in the Child and Adult Care Food Program (CACFP)



NEW
UPDATE

Nutrition First
USDA Child Care Food Program
PO Box 2316
Salem, OR 97308-2316

(CIRCLE IF:)
PROVIDER'S OWN
CHILD / CHILDREN

FOOD PROGRAM CHILD ENROLLMENT FORM

TO BE FILLED OUT BY PARENT/GUARDIAN ONLY. This information will be treated confidentially and will be used only for eligibility determinations and verification of data for Child and Adult Care Food Program purposes.

For Enrollment in Nutrition First USDA Child Care Food Program

Child Care Provider's Name / Phone Number

I wish to enroll my child/children, whose names and enrollment information are given below, in the Child and Adult Care Food Program, which reimburses day care providers for serving nutritious, well-balanced meals to day care children.

<u>First and Last Name of Child</u>	<u>Birthdate</u>	<u>Usual Hours</u>	<u>USUAL MEALS NEEDED MARK "X" OR OCCASIONAL</u>					
			<u>Bkft</u>	<u>AM</u>	<u>Lunch</u>	<u>PM</u>	<u>Dinner</u>	<u>Late</u>
_____	_____	from _____ to _____	6-9 am	Snack	11-1:30	Snack	5:00-7:00	Snack
_____	_____	from _____ to _____	_____	_____	_____	_____	_____	_____
_____	_____	from _____ to _____	_____	_____	_____	_____	_____	_____

Days in care on a normal week (circle): MON TUES WED THUR FRI SAT SUN **NON SCHOOL DAYS?**

Are child/children related to provider? (circle): Yes No Note any food allergies _____

INFANT FORMULA SECTION: Complete if any child listed is an infant under one year of age

This provider supplies _____ (list brand) iron fortified infant formula.

Check one: I accept the provider supplied formula

I decline the provider supplied formula

I understand that by declining the provider supplied formula, I agree to provide breast milk or formula for my child. If I provide formula, it must be on the approved formula list for the provider to be reimbursed for the meal.

RACIAL OR ETHNIC IDENTITY (not required)

Please check your child's racial ethnic identity.

Mark one ethnic identity:

- Hispanic or Latino
- Not Hispanic or Latino

Mark one or more racial identities, if any:

- American Indian & Alaskan Native
- Asian
- Black or African American

- Native Hawaiian or Other Pacific Islander
- White
- Other: _____

I understand my child/children will receive meals at no extra charge when they are in care during any of the scheduled meal services and receive meals. I have received the *Building for the Future* brochure, which explains the goals of the Child and Adult Care Food Program. I understand that the day care home cannot and will not discriminate for reasons of race, color, national origin, age, sex, handicap or religion. If I need to be contacted by phone to update and/or verify this information at some time, I would prefer being called: At Home _____ At Work _____ Either _____

Parent Signature: _____ Print Name: _____

Mailing Address: _____ Zip: _____

Email Address: _____

Home Telephone No: _____ Work Telephone No: _____

ENROLLMENT DATE: _____ (IF NEW) INFORMATION UPDATE: _____