

# Music or stretch your legs with a walk



**Masumi Timson will perform the music of the traditional Japanese koto at the Japanese Cultural Society's Spring Teatime Concert at 3 p.m. Sunday at Tiga Sushi Bar & Asian Bistro.**

SPECIAL TO THE STATESMAN JOURNAL

## Presentation set for March 31 on alternatives to the death penalty

Oregonians for Alternatives to the Death Penalty are hosting a presentation about abolishing the death penalty from 4 to 5:30 p.m. Sunday, March 31, at the Salem Friends Meeting House, 490 19th St. NE.

The presentation, "Will Oregon be the next state to abolish the death penalty?", will feature guest speakers Lynn Strand and Becky O'Neil McBrayer of the OADP.

The presentation will be an informative evening and attendees will leave with a list of ways to help Oregon join the other U.S. states that have abolished the death penalty, the organization said.

For more information, contact Oregonians for Alternatives to the Death Penalty at 503-990-7060 or info@oadp.org.

## Take a 'walk for children' on April 1 to raise awareness of child abuse

The Head Start and Early Head Start programs of Mid-Willamette Valley Community Action Agency are sponsoring a "Walk for Children" to help raise awareness of child abuse in Marion and Polk counties on Monday, April 1.

The community is invited to join the walk at 11:30 a.m. Head Start teachers, staff and administrators will depart from Riverfront Park, 200 Water St. NE, and walk across the pedestrian bridge.

Pinwheels and bubbles will be available while supplies last, and participants are encouraged to make and bring signs. The walk is scheduled to arrive at Wallace Marine Park at noon.

Speakers will include Alison Kelley, Chief Executive Officer of Liberty House; Jimmy Jones, Executive Director of the Mid-Willamette Valley Community Action Agency; and Dr. RW Taylor.

The event coincides with National Child Abuse Prevention Month, and Mid-Willamette Valley Community Action Agency hopes to celebrate the role our com-

munity plays in protecting children and strengthening families.

For more information or questions, contact Eva Pignotti, Head Start/Early Head Start Program Director at 503-581-1152 ext. 1128.

## Celebrate National Walking Day on April 3

Just Walk Salem Keizer is celebrating National Walking Day with a walk beginning at the Oregon State Capitol steps at noon Wednesday, April 3.

National Walking Day, promoted by the American Heart Association, is designed to get people out walking, improving their health step by step, said Pat Norman of Just Walk Salem Keizer.

At noon, State Sen. Jackie Winters will welcome walkers at the Oregon State Capitol steps and speak about the community's commitment to health, Norman said. Just Walk Salem Keizer walk leaders will then lead the group on a walk through the Capitol mall.

Walkers will have the option of either a 20- or 40 minute walking route.

"Current recommendations are for adults to engage in at least 30 minutes of physical activity per day at least five days per week," said Jennifer Carley of Just Walk Salem Keizer.

Just Walk Salem Keizer is a collection of neighborhood-level volunteer walking groups started by the South West Association of Neighbors in 2012. For more information, visit [justwalksalem.com](http://justwalksalem.com).

## Salem Golf Club women's group begins play April 3

Dust off your clubs and work the kinks out of your swing, because Salem Golf Club's Nine-Hole Women's Group is kicking off its season April 3.

The group is open to women of all levels who want to enjoy fellowship, golf and — most importantly — fun, group member Jane Evans said.

The group plays each Wednesday morning beginning at 8:30 a.m. The season goes through October.

Cost ranges from \$35 to \$70.

Membership includes benefits of a Oregon Golf Association membership, tournament play and social events throughout the season.

For more information or questions, contact Evan at 503-949-7595 or [janegirlz@aol.com](mailto:janegirlz@aol.com).

Reach Lee Clarkson at [lclarkson@statesmanjournal.com](mailto:lclarkson@statesmanjournal.com).

## Submitting to Holding Court

Holding Court submissions can be emailed to [HC@statesmanjournal.com](mailto:HC@statesmanjournal.com). Submissions should be sent well in advance of the event date. Be sure to include all necessary information about your news event. Individuals or groups may utilize Holding Court once every 90 days.

# COUPON EVENT!!